



Pool Fees

Alga Norte Aquatic Center

17 and under	\$3
Adult	\$5
Spectator fee	\$2

Masters Swim

Per workout fee/drop in	\$7
Individual one month	\$70
Individual three month	\$196

Memberships*

Individual one month	\$40
Individual three month	\$116
Family one month	\$62
Family three month	\$174

Monroe Street Pool

17 and under	\$2
Adult	\$4

Memberships*

Individual one month	\$40
Individual three month	\$70
Family one month	\$55
Family three month	\$90

*City of Carlsbad residents receive a 10 percent discount on memberships.

We're on a Roll!

Test your balance, agility and endurance with our Key Log, a simulated log rolling prop for ages 3 and up.



Special Events

Pumpkin Plunge

Oct. 20 **5 – 9 p.m.**
\$10 per person (ages 3 and under are free)

Enjoy Halloween-themed pool activities, including a floating pumpkin patch and a movie on the outdoor movie screen.

Splash Bash

Sept. 22 **6 – 9 p.m.**
\$8 per person (ages 3 and under are free)

End the season with a splash! Test your balance on floating obstacles and key logs or just enjoy a splash in the pool.

Find out more at www.carlsbadconnect.org.

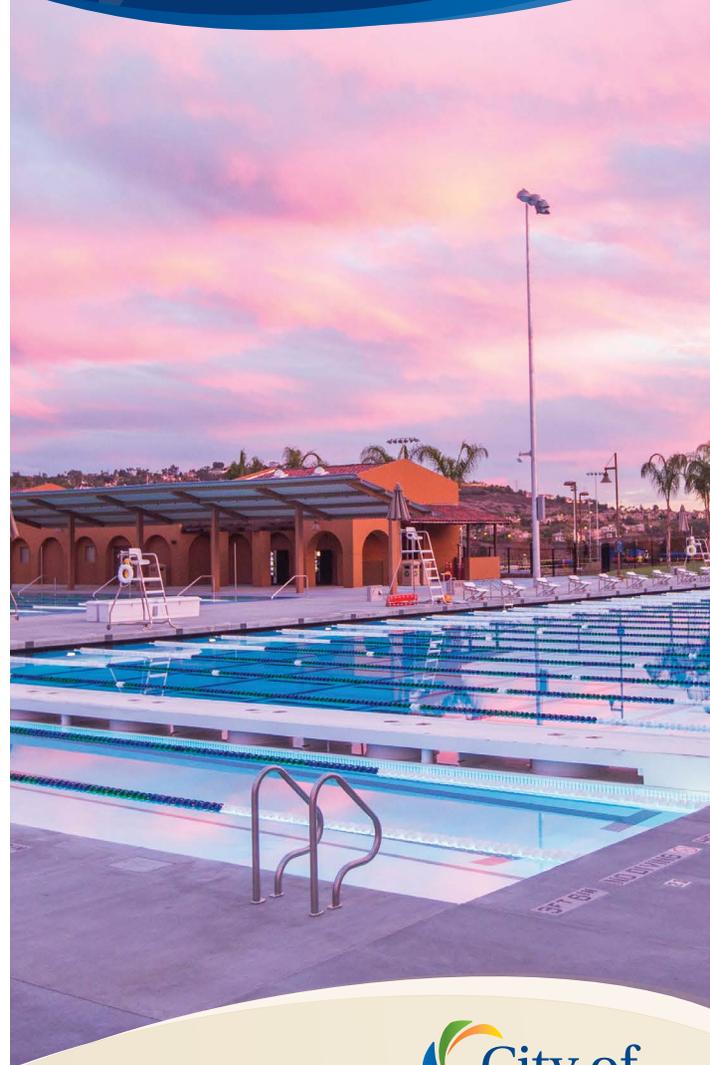
Dive in GRILL

We will be open for all special events and weekends through October (weather permitting).



SEPT. 4, 2018 – DEC. 31, 2018

Pool Hours



City of
Carlsbad



Monroe Street Pool

3401 Monroe St., Carlsbad, CA 92008, 760-602-4685

(Closed: 11/22, 12/25, 1/1)

Recreation Swim

Mon – Fri	8 a.m. – 9:15 a.m. 10:30 a.m. – 6:30 p.m.
Sat/Sun	11 a.m. – 3 p.m.

Lap Swim

Mon – Fri	6 a.m. – 9:15 a.m. 10:30 a.m. – 6:30 p.m.
Sat/Sun	8 a.m. – 3 p.m.

Masters Swim

Tue/Thu	noon – 1:15 p.m.
---------	------------------

Alga Norte Aquatic Center

6565 Alicante Road, Carlsbad, CA 92009, 760-268-4777

(Closed: 11/4, 11/22, 12/25, 1/1)

Recreation Swim

Mon – Fri	5:45 a.m. – 7 p.m.
Sat	8 a.m. – 4 p.m.
Sun	9:30 a.m. – 4 p.m.

Masters Swim

Mon – Fri	5:45 a.m. – 7:15 a.m. noon – 1:15 p.m.
Mon/Wed	5:45 p.m. – 7 p.m.
Sat	8 a.m. – 9:30 a.m.
Sun	9:30 a.m. – 11 a.m.

Join us as one of our coaches leads you through a fun and exciting workout. Open to adults of all swim levels and abilities. The ability to swim 100 yards of freestyle and knowledge of backstroke, breaststroke and butterfly are suggested.

Aqua-Fit

Tue/Thu	9 a.m. – 10 a.m.
---------	------------------

Great for new and experienced participants, this traditional low impact water exercise class focuses on building muscle and burning calories. Aqua-Fit takes place in our warm water shallow pool. Equipment is provided.

Lap Swim

Mon – Fri	5:45 a.m. – 7 p.m.
Sat	8 a.m. – 4 p.m.
Sun	9:30 a.m. – 4 p.m.

Long Course

50 meter swimming will only be available on:

Tue/Thu/Fri	5:45 a.m. – 1:15 p.m.
Sunday	9:30 a.m. – 11 a.m.

The competition pool will be closed from 1:15 – 1:45 p.m. on Tuesday, Thursday and Friday and 11 – 11:30 a.m. on Sunday for lane changing. No swimmers will be allowed in the competition pool during this time.

Deep Water Boot Camp

Mon/Wed/Fri	9 a.m. – 10 a.m.
-------------	------------------

This zero impact workout is sure to get your heart rate up without putting additional stress on your joints. Deep water boot camp takes place in our competition pool. Floatation belts and equipment are provided.

Schedules are subject to change due to special events and/or programming. At all open times a minimum of two lanes will be available for lap swimming. An adult must be within arms length of children under 8 in the water.